

AWAKENED AWARENESS TRAINING

for TEENS & EMERGING ADULTS

SPIRITUALITY IN MENTAL HEALTH

AND WELLNESS/SUPPORT FOR TEENS & EMERGING ADULTS

TRAINING BEGINS SEPTEMBER 12

TUE/FRI 8-10AM EST ON ZOOM

TUESDAY 9/12 & FRIDAY 9/15

TUESDAY 9/19 & FRIDAY 9/22

TUESDAY 9/26

TUESDAY 10/3

TUESDAY 10/10



- Facilitate the researched and timely spirit-mind-body wellness intervention, *Awakened Awareness for Adolescents and Emerging Adults*, for your college campus or wellness site.
- Support teen and emerging adult spiritual development, growth, and renewal for wellness and mental health in response to the national mental health crisis in young adults.
- Adapt the program for your teen/emerging adult population of interest.

ARE YOU A SPIRITUAL, MENTAL HEALTH, OR WELLNESS PROVIDER FOR COLLEGE STUDENTS?

THIS TRAINING IS DESIGNED FOR TEAMS OF 4-6 PROFESSIONALS FROM COLLEGES AND INSTITUTIONS. GROUPS OF 3+ ARE ELIGIBLE TO PARTICIPATE.*

TO REGISTER, SCAN QR CODE OR GO TO:

[HTTPS://AWAKENEDAWARENESSTRAINING2023.EVENTBRITE.COM](https://awakenedawarenesstraining2023.eventbrite.com)



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