



Student Handbook
Spirituality and Psychology: Science and Practice
Master of Arts Program
Teachers College, Columbia University

2026 – 2027



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Welcome to the 2026 Spirituality and Psychology: Science and Practice MA Program

We are very excited to be offering this new independent MA program in *Spirituality and Psychology: Science and Practice*.

The Spirituality Mind Body Institute (SMBI) at Teachers College, Columbia University explores the intersection of science and spirituality through the framework of psychology. SMBI consists of external programming to the public, grant-funded research projects, an initiative in spirituality in education, and a graduate degree program. This handbook is for our Spirituality and Psychology Science and Practice MA program. On campus, we are located in Horace Mann 238 (HM 238).

The Institute offers an SMB (Spirituality Mind Body) MA within the **Counseling and Clinical Psychology Department**. Upon completion, students will be awarded a Master of Arts degree with the title Spirituality and Psychology: Science and Practice. Students will also receive their degree issued by the SMB program.

The MA program is at the forefront of SMBI's pioneering mission: individual inner work, in service of collective outer change. The coursework and programming have been designed to foster academic exploration of spirituality to graduate an international community of inspiring thought leaders, mind-body healers, spiritual activists, and visionaries.

We welcome you, the new cohort, to a fruitful upcoming year of important work for your professional growth as you meet the needs of our rapidly changing world!

Sincerely,

Dan Tomasulo, Ph.D.



DAN TOMASULO, PH.D.



Academic Director,
Spirituality and Psychology: Science and Practice
MA Program

Lisa Miller, Ph.D.



LISA MILLER, PH.D.



Founder,
Spirituality Mind Body Institute

The Pedagogical Model

The SMB Spirituality and Psychology: Science and Practice program offers a unique pedagogical model as a "crossroads" for spiritual leaders and thinkers from around the globe. SMB prioritizes experiential learning interfaced with science, insights from world traditions, and diverse spiritual practices. Dr. Lisa Miller is the founder of this program, and Dr Dan Tomasulo has designed the current MA program. Initially offered in the late 1990s as a single class, SMB has grown to house the first Ivy League independent master's focused on spirituality and psychology!

The SMB pedagogical model consists of three integral components: Cohort, Coursework, and Journeying. Students enter and complete the degree with their incoming Cohort within the academic year. Along with the SMB Coursework during the year, the Journey component integrates academic knowledge with personal experience to illuminate a professional path. The Cohort is integral to peer collaboration, Coursework, and Journeying. By the concluding SMB Spring Ceremony, students have clarified and expanded their vision to contribute to society through spirituality.

Cohort

The SMB Cohort comprises diverse students representing an intersection of global crossroads. Students come from near and far to grow and to learn together through deep engagement in coursework and conversation. The SMB Area of Focus hosts a Summer Intensive for immersive exposure to SMB coursework, where the Cohort is initiated, and life-long community and kinship are forged. The Journey through the SMB framework concludes during the Spring Ceremony graduation.

Coursework

Students are invited to explore the academic offerings within the Spirituality Mind Body focus at Teachers College and Columbia University more broadly. The SMB concentration is a 16-credit program that is the core of the 32-credit Master of Arts curriculum for the degree of Spirituality and Psychology: Science and Practice. Students must complete the 16-credit SMB course requirements by the Spring of their first year with their journeying Cohort.

As a requirement of the broader Master of Arts program at Teachers College, students must take at least fifty percent (16) of the 32 credits in person, face-to-face, to graduate.

Journeying

While taking classes, students engage equally with their journey group facilitators. This is in addition to their academic advising and peer groups to illuminate their unique professional voice and calling.

The SMB Leadership Team

SMB Leadership

Members of the SMB leadership team are the core designers of the SMB pedagogical model and course offerings. They create the SMB requirements and interface with the TC administrative offices and the New York State Department of Education to implement its programming. Students may communicate with the Administrative Director (Helen Herman) regarding administrative needs and with the Academic Director (Dan Tomasulo) for more in-depth advice. Basic questions about SMB requirements and class selection should be referred to the Academic Advisors (see below).

Dr. Lisa Miller

Founder, Spirituality Mind Body Institute

Helen Herman

Administrative Director

Dr. Dan Tomasulo

Academic Director

Melanie Lown, MA

Integrative Project (IP) Instructor

Yoel Paredes, MA

Academic Advisor

Education Technology Manager

SMB Advisors

Academic Advisor

Yoel Paredes Rodriguez (yjp2107@tc.columbia.edu) is the go-to person for all course-related concerns and requirements. Yoel provides academic, professional, and administrative support and is the primary contact for students in need of SMB and TC-related guidance.

Faculty Advisors

Dr. Lisa Miller and Dr. Dan Tomasulo are students' assigned faculty advisors and may provide broader professional and academic support. You will be assigned to either Dr. Miller or Dr. Tomasulo during the Summer Intensive. SMB Advisors are available to address inquiries in person, via email, and Zoom.

Journeying Advisors

Aurélie Athan, Ph.D.

Elective Instructor: Archetypal Symbolism

Aurélie Athan is an Associate Research Professor in the Department of Clinical Psychology and a core faculty member of SMBI, Teachers College, Columbia University. Her scholarly interests center on spiritual development across the lifespan, with a current emphasis on the transition to motherhood or matrescence, and the emerging concept of reproductive identity. Her clinical orientation is informed by depth perspectives such as Jungian psychology, with a focus on the creative expression of the human psyche in art and therapy as well as ritual and rites of passage. She has been honored to work with the Archives for Research on Archetypal Symbolism on a 10-year effort culminating in *The Book of Symbols: Reflections on Archetypal Symbolism* (Taschen). As an experienced administrator in higher education, she applies a strength-based and transformational learning framework to foster the flourishing of students through innovative curriculum design and academic guidance.

Reverend Dr. Stefanie Taylor

The Reverend Dr. Stefanie Taylor is the Head Chaplain of Holy Innocents' Episcopal School in Atlanta, Georgia. Before serving as Head chaplain at Holy Innocents', Dr. Taylor served at St. Martin's Episcopal School, where she worked as chaplain for almost 10 years. Ordained a priest at St. John's Episcopal Church in Tampa, Florida, in 2011, Dr. Taylor is a graduate of The University of South Carolina. She earned her MDiv at The General Seminary and her DEdMin at Columbia Theological Seminary.

Before entering seminary, Dr. Taylor served as the Interim Canon for Youth and Young Adult Ministries in the diocese of Western North Carolina. She was also the director of the diocesan camp, Camp Henry. Before joining the staff at St. Martin's, she served as the assistant rector to St. John's Episcopal Church and assistant chaplain to St. John's Episcopal School in Tampa. Dr. Taylor is a Canterbury Scholar and a contemplative. She has completed two wisdom schools with Cynthia Bourgeault and numerous other wisdom retreats and classes.

Dr. Taylor is married to Dr. Arthur Taylor, a clinical psychologist. The Taylors enjoy working together in the field of spiritual psychology and host retreats and workshops on marriage, altruism, depression and anxiety in children, as well as creating meaningful relationships to ourselves, others, and our community.

Integrative Project (IP) Instructor

Students must complete an Integrative Project (IP), a requirement of the Spirituality and Psychology: Science and Practice Master of Arts degree. Melanie Lown (ml2217@tc.columbia.edu) will be able to help students understand and meet the requirements of the Integrative Project and provide guidance and support for submission. She will help you refine your project outline and goals and can also assist in aligning you with an IP faculty advisor. The IP Instructor is available to address inquiries via email or Zoom. **For comprehensive details, helpful resources, and project requirements, please read the [Integrative Project Guidelines](#).**

Course Assistants

These roles are responsible for assisting students enrolled in SMB courses. Please note that not all courses have an assigned teaching assistant.

SMB Core Faculty

Mark Kuras, Ph.D.

Elective Instructor: Jung & Individuation

Dr. Mark Kuras is on the Faculty of Columbia Medical School, Teachers College Clinical Psychology and SMBI. He directs the High Risk Unit in the Community Psychiatry Clinic at NY Hospital for 20 years and is a core faculty in the Columbia University Clinical Psychology Internship Program. He is a licensed Clinical Psychologist, Jungian Analyst and was the founding Director of Training of the Jungian Psychoanalytic Association. His clinical interests focus on the evolving forms of psychological distress (e.g. indefiniteness of identity / hypersuggestibility / derealization) shadowing advances in informational technology on interiority.

Linda Lantieri, M.A.

Instructor: Spirituality in Education

Linda Lantieri, M.A. is a Fulbright Scholar and internationally known speaker in the areas of Social and Emotional Learning (SEL), Contemplative Teaching and Learning and Spirituality in Education. Linda has been in the field of education for over 50 years in a variety of capacities: classroom teacher, assistant principal, director of a middle school in East Harlem, and faculty member at Hunter College, New York City.

Currently Linda is the co-founder and Senior Program Advisor of Transformative Educational Leadership (TEL). TEL is a racially and culturally diverse group of educational leaders who are committed to creating systemic transformation in pre-K-12 education based on a deep foundation of inner development through co-creating beloved community. Linda is also one of the co-founders of the Collaborative for Academic, Social and Emotional Learning (CASEL), an international organization that has been the leader of the SEL movement since first introducing the term more than three decades ago.

In 2019, Linda was appointed to the Council of Distinguished Educators of the National Commission on Social, Emotional & Academic Development of the Aspen Institute. For the last decade she has also served as the Senior Advisor to Social, Emotional, and Ethical (SEE) Learning Program at the Center for Contemplative Science and Compassion-Based Ethics at Emory University. With the blessing and support of the Dalai Lama, the SEE Learning Program has developed a guiding curriculum framework based on Compassion that is being integrated into Kindergarten-Higher Education worldwide.

Linda has written numerous articles and book chapters and is coauthor of *Waging Peace in Our Schools* (Beacon Press, 1996) editor of *Schools with Spirit: Nurturing the Inner Lives of Children and Teachers* (Beacon Press, 2001), and author of *Building Emotional Intelligence: Practices to Cultivate Inner Strength in Children* (Sounds True, 2008, 2014). Since the SMB Institute began more than twelve years ago, Linda has helped to design and teach the course on Spirituality in Education.

Jack McGourty, Ph.D.

Purpose Driven Innovation Blending Behavioral Science and Spiritual Practice

Dr. Jack McGourty has spent over 30 years at the forefront of entrepreneurship, innovation, and behavioral science—bringing that intersection to life for students, founders, and organizations worldwide. He has taught at institutions including Stevens Institute of Technology, Columbia University, and the University of Fredericton, and is the founder and director of Venture for All®, a global program empowering entrepreneurs and innovators worldwide. Over the course of his career, Dr. McGourty has taught undergraduate, graduate, executive education, and pre-college students in entrepreneurship, innovation management, and behavioral science — reaching more than 15,000 students and working with hundreds of startups, early-growth companies, and corporate innovators. His teaching excellence has been recognized with multiple distinguished honors: the Columbia Engineering School’s Distinguished Faculty Teaching Award (2004), the Columbia Business School Dean’s Award for Teaching Excellence (2018), the Teachers College Teaching Award (2024), and the Graduate Teaching Excellence Award at the University of Fredericton (2026). At Columbia’s School of Professional Studies, he was named an inaugural Faculty Fellow in 2023 and an inaugural AI Fellow in 2026.

Dr. McGourty co-authored the bestselling textbook *Patterns of Entrepreneurship Management* (Wiley, 2020) and recently published the e-textbook *Entrepreneurial Innovation and Finance* (McGraw-Hill, 2024), earning the McGraw-Hill Innovation Partner Award in 2023. He shares ongoing insights with a global readership through his Substack blog, *Innovate & Thrive*.

Lisa Miller, Ph.D.

Professor of Psychology & Education, Clinical Psychology Program, and Founder of the Spirituality Mind Body Institute (SMBI) and the MA in Spirituality and Psychology

Lisa Miller, Ph.D., is a national leader in the science of spirituality on wellbeing, mental health, development, and flourishing. Dr. Miller brings two decades of funded research, practice and leadership into partnerships for a spiritually supportive society. She works closely with the US Military, US Dept of Health and Human Services, K-12 schools and higher education, environmental initiatives, and private and public organizations.

Dr. Miller solo edited *The Oxford University Handbook of Psychology and Spirituality* (Eds 1 & 2) and has published over two hundred articles and chapters on spirituality in mental health, wellbeing and thriving. Dr. Miller has been Principal Investigator on several million dollars of grants drawing from foundations and NIMH. She is Co-Founder and former Co-Editor-in-Chief of the American Psychological Association journal, *Spirituality in Clinical Practice* and was an Associate Editor *Psychology of Religion and Spirituality*. Dr. Miller served as two-time President of APA Society of Spirituality and Psychology and APA Council Representative. Dr. Miller has been elected as a Fellow of the American Psychological Association and awarded the Virginia Sexton Mentoring Award. She is a graduate of Yale University and earned her doctorate from University of Pennsylvania, where her mentor was Martin Seligman, Ph.D. founder of Positive Psychology. Dr. Miller is the author of the New York Times Bestseller *The Spiritual Child* and *The Awakened Brain*. She lectures nationally and internationally on spirituality in mental health and flourishing.

Ruth Rosenbaum, Ph.D., L.P.

Professional Integration Instructor: Spirituality & Mind-Body Issues (different from Saskin)

Dr. Rosenbaum is a licensed psychoanalyst in private practice of psychotherapy and

psychoanalysis in New York City. She has worked with individuals and couples for over 35 years. She is also a certified biofeedback therapist and has helped people overcome a variety of stress-related problems and psychosomatic illnesses. In addition, she is a certified yoga and meditation instructor, and has studied Tibetan Buddhist philosophy and meditation with Lama Pema Wangdak. These in-depth studies inform her psychotherapy practice, as does her interest in the integration of mind, body and spirit, which has been an important part of her own experience since childhood.

Dr. Rosenbaum is a faculty member of the National Psychological Association for Psychoanalysis (NPAP) in New York, where she is also a supervisor and training analyst. She is on the Editorial Board of the professional journal *The Psychoanalytic Review*. As an Adjunct Assistant Professor in the Counseling and Clinical Psychology department at Teachers College, she has taught “Psychotherapy, Spirituality and Religious Diversity”, “Personal Transformation: Integrating Mind, Body and Spirit”, “Group Dynamics” and, as part of the core faculty of SMBI, she teaches “Varieties of Transformative Experience in Psycho-spiritual Growth”. She has conducted supervision groups devoted to exploring how a post-Newtonian framework can enrich psychodynamic therapy.

Dr. Rosenbaum has lectured and published on a variety of topics, including intersubjectivity, spirituality and psychotherapy, the relevance of concepts from fields such as neuroscience, quantum physics, and psi phenomena to understanding the process of change in psychotherapy, and the parallels between psychoanalysis and the Buddhist concepts of karma and reincarnation. Her most recent work is a chapter for a book by Routledge Press (currently in press), entitled: “A Century of Psychoanalytic Mystery: Telepathy in the Clinical Process”. She has been an invited speaker at scientific conferences in Europe on topics such as “Consciousness, Quantum Physics and the Space of Transformation in Psychotherapy” and “Contemporary Psychoanalysis and Models of Consciousness.”

Mitchell Saskin, Ph.D.

Professional Integration Instructor - Spirituality & Mind-Body

Mitchell Saskin, Ph.D., is a Clinical Psychologist with a long-standing practice on the Upper West Side of Manhattan. The focus of his psychotherapy practice is providing assistance for individuals and couples who are struggling in terms of life transitions and major life changes. He has over 30 years of experience as a psychotherapist in private practice as well as consulting in public and independent schools throughout NYC. Mitchell received his Ph.D. in Clinical Psychology and is licensed in New York State as both a Clinical and a School Psychologist. While Mitchell has been analytically trained as a psychotherapist he has moved towards incorporating more alternative, mindful, and spiritual forms of treatment into his practice. This is primarily based on his own long-standing meditation and spiritual practices. He currently is an Adjunct Professor and core faculty of the Spirit Mind Body Institute, Teachers College, Columbia Univ. where he specializes in teaching the integration of spirituality and psychotherapy.

Suza Scalora, Ph.D.

Spirituality & Wellness

Dr. Suza C. Scalora is an Assistant Professor of Clinical Psychology in the Department of Psychiatry at Weill Cornell Medicine and an Assistant Attending Psychologist at New York-Presbyterian Hospital. She is also an Adjunct Assistant Professor at the Spirituality Mind Body Institute at Teachers College, Columbia University, where she teaches the Spirituality & Wellness course. Her research focuses on the development and evaluation of spiritual mind-body (SMB) interventions to support mental health and well-being in emerging adults. Dr. Scalora co-developed Awakened Awareness for Adolescents and Emerging Adults, an integrative SMB intervention implemented at Columbia University and Barnard College and co-led a three-year study evaluating its effectiveness. She earned her Ph.D. in Clinical Psychology from Teachers College, Columbia University, where she also completed a master's degree in psychology in Education with a concentration in Spirit Mind-Body psychology. Prior to her doctoral training, she served as Director of Research at the Integrative Wellness Center at Teachers College.

A licensed clinical psychologist in New York, Dr. Scalora provides psychotherapy to adults through Weill Cornell Medicine's Physicians Organization and to graduate and medical students through the WCM Graduate Student Mental Health Program. Her clinical approach is integrative, incorporating mindfulness, mind-body-spirit practices, and evidence-based treatments.

Lorne Schussel, Ph.D.

Elective Instructor: Spirituality & Post-Materialist Science in Health

Dr. Lorne Schussel is Adjunct Assistant Professor and Core Faculty at SMBI, Columbia University, Teachers College. He is the Research Director of the Contemplative Science and Post Materialism Lab as well as the PI of the Contemplative Neuroscience and Connectivity Project. His research focuses on the utilization of contemplative practices, human connectivity, contemplative neuroscience, EEG hyperscanning, and integrating clinical biomarkers into treatment. Currently, he and his team are working on developing an epigenetic clinical pilot using meditation-visualization practices and EEG hyperscanning for the Police Force. Dr. Schussel developed a psychological healing practice known as "The Best Self Visualization Method," which has been cited in the New York Times, ABC Online, and the Huffington Post. He has also been an invited speaker at the United Nations Mission to Nigeria and the United Nations Church Center. The method has been added to a curriculum for mental health and resilience at Zucker Hillside Hospital (NorthWell Health) and the Long Beach School District. He has presented to corporate leaders in Indonesia as part of a mental health initiative for the COVID-19 crisis and lectured to Psychiatry Medical Residents at Mount Sinai Hospital, Glendale Adventist Hospital, and the University of Southern California. Dr. Schussel has recently worked as visiting faculty at the California State Judicial College, teaching about mental health and employee burnout to appointed state judges.

Dan Tomasulo, Ph.D. MFA, MAPP

Academic Director,

Spirituality and Psychology: Science and Practice MA program

Required Instructor/Positive Psychology

Elective Instructor: The Healing Power of Hope: Bridging Practice and Science Psychodrama & Spirituality

Dan Tomasulo, Ph.D., is Professor of Teaching, the Academic Director and core faculty at the Spirituality Mind Body Institute (SMBI), Teachers College, Columbia University, and is on the teaching staff at the University of Pennsylvania, where he works with Martin Seligman. He holds a Ph.D. in psychology from Yeshiva University, MFA in writing from the New School, and a Master of Applied Positive Psychology from the University of Pennsylvania. He is licensed Counseling Psychologist and a Review Editor for *Frontiers in Psychology* Special section Positive Psychology, and honored by Teachers College, Columbia University with their 2021 Teaching Award. He co-authored the American Psychological Association's first book on psychotherapy for people with intellectual and psychiatric disabilities and has authored eight books and published over 30 articles on innovations in delivering mental health and wellbeing services. Dr. Tomasulo was the lead author for the first Diagnostic Manual - Intellectual Disability (DM-ID), identifying the criteria for Post Traumatic Stress Disorder in people with intellectual disabilities. In 2024, he received the prestigious 2024 Gardner Award for his work applying positive psychology with individuals with intellectual and developmental disabilities. In 2025 he was named the Outstanding Practitioner by the International Positive Psychology Association.

Dr. Tomasulo has been elected a fellow of the American Society for Group Psychotherapy /Psychodrama and has served as a board member for this organization as well as the National Association for Dually Diagnosed (NADD). Dr. Tomasulo has been recognized as one of the top 10 online influencers on depression. and twice awarded the Avant-Garde Clinical Intervention award by the International Positive Psychology Association and recognized as their Outstanding Practitioner for 25-26. He is also the author of several books and recipient of 2024 Gardner Award for Dr. Tomasulo's exceptional contributions to improving the lives of individuals with intellectual and developmental disabilities (IDD) and their families. For more information about his work, please see this link https://en.wikipedia.org/wiki/Dan_Tomasulo



Degree Requirements: SMB MA

The SMB MA Spirituality and Psychology: Science and Practice is a **32-credit** program. It is designed to be completed during the student’s incoming academic year. The SMB MA serves as the cornerstone of the **32-credit** Master of Arts degree program, which students usually finish during one or two years.

SMB AREA OF FOCUS REQUIREMENTS 32 SMB course credits as delineated below.	
SMB Courses	Credits
SMB SUMMER INTENSIVE SEMINAR (2 CCPX Courses 4030.001 & 4050.001 or Equivalent REQUIRED)	6
TWO CORE COURSE REQUIREMENTS (CHOOSE FROM 6 OPTIONS)	6
SMB/CCPX 4055 – Spirituality Mind-Body Medicine: (REQUIRED)	3
DESIGNATED COURSE ELECTIVES	11
SMB ELECTIVE OF CHOICE	6
TOTAL CREDITS	32

*Students may request to delay a requirement with written rationale and approval under extenuating circumstances only. THIS PROVISION CANNOT APPLY TO THE SUMMER INTENSIVE.

** International students with questions about visas or other aspects of travel can contact tcintl@tc.columbia.edu (Office of International Students & Scholars).

***We encourage hybrid learners (see below) to check in with the Academic Advisor in advance before finishing up with course planning.

Note: SMB Coursework is offered with a Separate distinction SMB and is housed within the Department of Counseling & Clinical Psychology. Other courses eligible toward the degree are also within the department with the designation CCPX.

3-Credit Courses

All three-credit courses are designed to have a minimum of 30 hours of instruction. According to New York State Education Department (NYSED) guidelines, graduate students enrolled in a three-credit course can anticipate approximately 60 hours of student preparation and out-of-class assignments throughout the semester. One and two-credit courses have proportionately different minimums.

Spirituality and Psychology: Science and Practice MA

Courses with SMB designation	CCPX Courses
CCPX 4140.001 Spirituality in Education 3-Credits. CORE	CCPX 4030.001 Psychology of Adjustment (1st of 2 courses offered during the summer intensive) 3 credits REQUIRED
CCPX 4127.001 Spiritual Wellness 3-Credits CORE	CCPX 4050.001 Psychology and Health (2nd of 2 courses offered during the summer intensive.) 3 credits REQUIRED
CCPX 5045.001 - Psychotherapy, religious diversity, and spirituality 3-Credits. CORE	CCPX 4039 Critical perspectives on nontraditional psychotherapies 3 credits Elective
CCPX 4029 Archetypal Symbolism 3-credits Elective	CCPX 5110.00 Research Apprenticeship 3 credits Elective
CCPX 4055.001 - Integration of Spirituality and Psychotherapy: Spirituality Mind-Body Medicine 3 Credits (REQUIRED)	CCPX 4063 Analytical Psychology Jung to Present 3 credits Elective.
CCPX 41112.001 Purpose-Driven Innovation Blending Behavioral Science and Spiritual Practice 3-Credits. Professor Dr. Jack McGurty CORE	Integrative Project CCPX 4001.002 (No CREDIT) See handbook section for more info.)
CCPX 4601 Spirituality Psychology Colloquium (Part 1) 0-1 credit Elective	CCPX 4199.004 Spirituality and PsychoDrama 3 Credits Elective
CCPX 4601 Spirituality Psychology Colloquium (Part 2) 0-1 credit Elective	CCPX 4199.009 Psychodramatic Approaches to Self-Regulation and Exploration 1 credit Elective
CCPX 4199.005 Spirituality & Post Materialist Science in Health 3 credits Elective	
CCPX 4199.009 The Healing Power of Hope: Bridging Science and Practice (Not offered in Summer 2026) 3 credits Elective	
CCPX 4320.003 Spirituality & The Animal-Human Bond. 3 Credits Dr. Lisa Miller CORE	
CCPX 4178 Applied EGALA Method of Addressing Trauma and Engaging Non-verbal Process. 3 credit Elective	
CCPX 4044.02 Positive Psychology 4044.02 3 credit CORE	
CCPX 4199.01 Jung-Methods in Individuation 3 credit Elective	
Other CORE courses may qualify as electives	

Students must complete 32 credits to earn the MA in *Spirituality and Psychology: Science and Practice*. The degree is offered in Department of Counseling and Clinical Psychology.

The SMB MA Curriculum:

- 16-18 credits must be derived from the designated SMB Core / Required courses, and SMB approved electives.
- 8 additional credits of SMB or Approved Non-SMB Electives
- 6 credits of Breadth (outside CCPX Any graduate program at Columbia University)
- Integrative Project (Independent research project—no credit)

Additional Information

- 16 of the 32 credits must be completed on campus (hybrid courses count as on campus.)
- 6 of these 16 must be taken during the summer intensive as a degree requirement. (CCPX 4030.001 Psychology of Adjustment & CCPX 4050.001 Psychology and Health are each 3 credits.)
- The remaining courses can be taken on campus, in a hybrid format, or online.
- There are 6 CORE courses in the program. Each student must choose a minimum of 2 of the 6 Other core courses can be taken as electives.
- Of the 32 credits, 26 credits must be taken as either required, core, or elective courses within the SMB program or CCPX courses.
-
- 6 credits must be taken as 'breath' requirements throughout the TC & Columbia's campus.

Course Offerings: SMB Summer Intensive Seminar (6 credits)

SMB SUMMER INTENSIVE SEMINAR (Subject to change.)	
Summer Intensive 2026	
<p>**Summer Intensive General Programming** CCPX 4030.001 CRN 24078 Psychology of Adjustment 3 Credits -- Dr. Dan Tomasulo Type: In-Person</p> <ul style="list-style-type: none"> • June 4-12th 9:00am – 1:30pm ET <p>----- AND -----</p>	<p>**Summer Intensive General Programming** CCPX 4050.001 CRN 24079 Intro to Health Psychology 3 Credits -- Dr. Lisa Miller Type: In-Person</p> <ul style="list-style-type: none"> • June 4-12th, 1:30pm – 6:00pm ET

*In-person attendance for the 2026 Summer Intensive Seminar is mandatory for all incoming students. Students are not permitted to skip the Intensive or to attend a future Cohort's Summer Intensive Seminar in lieu of absence.

Course Offerings: SMB Core Courses (3 credits each)
(Subject to change.)

Core Courses REQUIREMENT REVIEW:

- Students must take TWO of the following SIX core courses per year, which range between 3-6 credits: **Spirituality in Education, Purpose-Driven Innovation Blending Behavioral Science and Spiritual Practice, Psychotherapy, Religious Diversity and Spirituality, Positive Psychology, Spirituality and The Animal Human Bond and Spiritual Wellness.**

SMB Core Courses	
Requirement: TWO core courses <u>must be taken</u> to complete the program.	
Please check the current catalogue for times and dates for all courses (subject to change.)	
Fall 2026	Spring 2027
<p>Spirituality in Education CCPX 4140.001 CRN: 39061 3 Credits Linda Lantieri Type: Hybrid - (weekly course meetings sessions online via Zoom) w/ (3) in-person intensive dates. Dates: Thursday, Sept. 10th – 5:30 pm - 7:45 pm (on-line) *Thursday, Sept. 24th – 4:00 - 8:00 pm (in-person) *Friday, Sept. 25th – 9:30 am - 5:30 pm (in-person) *Saturday, Sept. 26th – 9:30 am - 4:30 pm (in-person) Thursday, Oct. 8th – 5:30 pm – 7:45 pm (on-line) Thursday, Oct. 22nd– 5:30 pm – 7:45 pm (on-line) Thursday, Nov. 5th – 5:30 pm – 7:45 pm (on-line) Thursday, Nov. 19th – 5:30 pm-7:45 pm (on-line) Thursday, Dec. 3rd – 5:30 pm – 7:45 pm (on-line)</p>	<p><i>This course is not offered in Spring.</i></p>
<p>Purpose-Driven Innovation Blending Behavioral Science and Spiritual Practice CCPX 4112.001 CRN: 39054 3 Credits Dr. Jack McGourty Type: Hybrid - (weekly course meetings sessions online via Zoom) w/ (2) in-person intensive dates. Thursdays 11:00 am -12:40 pm EST In-person intensive dates: TBA by Instructor *Subject to change.</p>	<p><i>This course is not offered in Spring.</i></p>

<p>Spiritual Wellness CCPX 4127.001 CRN:39060 3 Credits Dr. Suza Scalora Type: Hybrid - (weekly course meeting sessions online via Zoom) w/ (3) in-person intensive dates.</p> <p>Dates: Wednesdays 6:10 pm-7:50 pm ET September 2nd - December 16th, 2026</p> <p>*In-person intensive dates:</p> <ul style="list-style-type: none"> • Friday, September 4th (11am- 2:30 pm EST) • Saturday, September 5th (9:30 am - 5:00 pm EST) • Sunday, September 6th, (9:30 am - 5:00 pm EST) 	<p><i>This course is not offered in Spring.</i></p>
<p><i>This course is not offered in the fall.</i></p>	<p>Spirituality & The Animal-Human Bond CCPX 4171.001 3 Credits Dr. Lisa Miller Type: Hybrid Dates: TBD</p>

*Incoming students are granted priority registration. Returning students need instructor approval and are based on space availability.

Course Offerings: Professional Integration in SMB Issues (3 credits)

(Subject to change.)

PROFESSIONAL INTEGRATION IN SMB ISSUES	
Requirement: *ONE of these classes <u>must be taken</u> in your Incoming Year. * *Only ONE can be taken as they are the same course number. *	
Fall 2026	Spring 2027
Integration of Spirituality and Psychotherapy CCPX 4055.001 CRN: 38512 Spirituality Mind-Body Medicine: Varieties of Transformative Experience in Psycho-Spiritual Growth - 3 Credits Dr. Ruth Rosenbaum Type: Weekly Online Online: <ul style="list-style-type: none"> • Mondays, 11:00am-12:40pm ET ** Subtitle: Varieties of Transformative Experience in Psycho-spiritual Growth	Integration of Spirituality and Psychotherapy CCPX 4055.003 Spirituality Mind-Body Medicine: A Journey to Wholeness- 3 Credits Dr. Mitchell Saskin Type: Weekly In-person In-person: <ul style="list-style-type: none"> • Dates TBD ** Subtitle: The Integration of Spirituality and Psychotherapy: A Journey to Wholeness

*Must take either one of these options, not both.

Course Offerings: SMB Electives of Choice (8 credits)

(Subject to change.)

SMB ELECTIVES	
The following classes are electives of choice that are SMB topics.	
Summer 2026	
The Healing Power of Hope: Bridging Practice and Science CCPX 4199.001 - 3 Credits This course is Not being offer in the Summer 2026	
Fall 2026	Spring 2027
Positive Psychology (SMB Section) CCPX 4044.002 – 3 credits This core course in not being offered in Fall 2026	Positive Psychology (SMB Section) CCPX 4044.002 – 3 credits Dr. Dan Tomasulo Type: In-person Dates: Tuesdays 1:00 pm - 2:40 pm EST

<p>Spirituality and Psychodrama CCPX 4199.004 – 3 Credits CRN: 39435 Dr. Dan Tomasulo Type: In-person Dates: Mondays 4:00 pm – 4:40 pm EST</p>	<p>Spirituality and Psychodrama CCPX 4199.004 – 3 Credits CRN: 39435 Dr. Dan Tomasulo Type: In-person Dates: TBD</p>
<p>Psychotherapy, Religious Diversity, & Spirituality CCPX 5045.001 – 3 credits CRN: 39062 Dr. Lisa Miller</p> <p>Type: Hybrid (in-person meetings recommended, available hybrid)</p> <p>Note: For First Year SMB Cohort only section. Hybrid in-person meetings recommended, available hybrid.</p> <p>Special dates/times (September 10 - October 29):</p> <ul style="list-style-type: none"> • Thursday, September 10th (1:00–4:40 pm EST) • Thursday, September 17th (1:00 – 4:40 pm EST) • Thursday, September 24th (1:00 - 4:40 pm EST) • Thursday, October 1st (1:00 – 4:40 pm EST) • Thursday, October 15th (1:00 - 4:40 pm EST) Thursday, October 29th (1:00-4:40 pm EST) 	<p>Special Topic: Jung & Individuation CCPX 4199.001 - 3 credits Dr. Mark Kuras Type: Weekly In-person Dates: TBD</p> <hr/> <p>Special Topic: Spirituality & Post-Materialist Science in Health CCPX 4199.005 - 3 credits Dr. Lorne Schussel Type: Weekly Hybrid Dates: TBD</p> <hr/> <p>Archetypal Symbolism CCPX 4029.001 – 3 credits Dr. Aurelie Athan Type: Weekly In-person Dates: TBD</p> <hr/> <p>Research Apprenticeship Course Number TBD– 3 credits Dr. Lisa Miller Type: Weekly Online Dates: TBD</p>
<p>Spirituality Colloquium (part I) CCPX 4601.001 – 0-1 Credits CRN 39507 Dr. Lisa Miller</p> <p>Type: Online</p> <p>Special dates/times:</p> <ul style="list-style-type: none"> • Tuesday, September 8th 7:30 pm-9:30 pm EST • Tuesday, October 6th 7:30 pm-9:30 pm EST • Tuesday, November 3rd 7:30 pm-9:30 pm EST • Tuesday, December 1st 7:30 pm-9:30 pm EST <p>*Required for all incoming students.</p>	<p>Spirituality Colloquium (part II) CCPX 4602.001 – 0-1 Credits CRN 39507 Dr. Aurelie Athan</p> <p>Type: Online</p> <p>Special dates/times: TBD</p>

<p>Research Apprenticeship CCPX 5110.002 – 0 – 3 Credits CRN 39426 Dr. Lisa Miller</p> <p>Type: Online</p> <p>Dates: Mondays 5:10 pm – 6:50 pm EST</p>	<p>Psychodramatic Approaches to Self-Regulation and Exploration CCPX 4199.001 – 1 Credit CRN TBD Dr. Dan Tomasulo</p> <p>Type: In-person</p> <p>Dates: January 16th -17th 9:00 am – 5:30 pm EST</p>
<p>Applied Equine Assisted Growth and Learning Association Method CCPX 4138.001 – 3 Credits CRN 39497 Dr. Lisa Miller</p> <p>Type: Hybrid</p> <p>Special Dates/ Times:</p> <ul style="list-style-type: none"> • Wednesday, September 16th 11:00 pm – 12:40 pm EST Online • Wednesday, September 23rd 11:00 pm – 12:40 pm EST Online • Saturday, September 26th 8:00 am – 7:00 pm EST (in-person) • Saturday, September 27th 8:00 am – 7:00 pm EST (in-person) • Friday, October 2 11:00 am – 12:40 pm EST Online 	<p>Fostering Hope and Spiritual Development CCPX 4199.009 – 1 Credit DRN TBD</p> <p>Type: In-person</p> <p>Dates: April 17th – 18th 9:00 am – 5:30pm EST</p>
<p>Positive Psychotherapy, Psychodrama, and Role Playing CCPX 4199.009 – 1 Credit CRN 39286</p> <p>Type: In-person</p> <p>Dates: November 7th – 8th 9:00 am – 5:00 pm EST</p>	

Course Offerings: Recommended Non-SMB Courses

Recommended Non-SMB Courses**	
CCPX Courses	Non-CCPX Courses***
CCPX 4126: Mother-Child Matrix: Developmental & Clinical Implications Dr. Aurelie Athan	ORLD 4091: Somatics: A Mind/Body Approach to Leadership Development Dr. Carmela Bennett
CCPX 406: Analytic Psychology: Jung to Present Dr. Mark Kuras	ORLD 5070: Leadership for Adult Development Dr. Ellie Drago-Severson
CCPX 4038: Comparative Psychotherapies Dr. Nancy Nereo or Dr. Barry Farber	HUDK 5011: Cognition of Social Emotional Learning Dr. Ilya Lyashevsky
CCPX 4039: Critical Perspectives on Non-traditional Psychotherapies Dr. Sam Menahem	ORLD 4828: Imagination, Authenticity, and Individuation in Transformative Learning
	ORLD 4060: Coaching from an Adult Learning Perspective 3 credits
	ORLD 4091 001 Somatics: A Mind/Body Approach to Leadership Development 3 credits
	ORLD 4850 001 Discussion as a way of teaching
	ORLD 4199 001 <i>Iss: Intro to Wrldblndg/Trnsfm</i> 1 credit
	ORLD 4827 001 Fostering Transformative Learning 2 Or 3 credits

*The courses outlined above are not required towards the SMB MA but can count towards the 32 credits required to obtain the MA Spirituality and Psychology: Science and Practice degree.

**The courses listed above may require the explicit permission of the instructor to enroll. Students are responsible for discerning, locating, and contacting the instructors prior to enrollment for any non-SMB courses that require an instructor’s permission to register.

***As part of the SMB MA in Spirituality and Psychology: Science and Practice, students are required to complete six (6) breadth requirement courses (i.e. courses taken outside of CCPX). The courses listed

above can be used to fulfill the TC breadth requirement for the MA Spirituality and Psychology: Science and Practice degree.

SAMPLE SCHEDULE A (Not all courses are guaranteed to run every semester)

Summer A	Spring
CCPX 4030.001 Psychology of Adjustment (1 of 2 courses offered during the summer intensive) 3 credits REQUIRED	CCPX 4199.01 Jung Methods in Individuation 3 credits Elective
CCPX 4050 Psychology and Health (2nd of 2 courses offered during the summer intensive.) 3 credits REQUIRED	CCPX 4320.003 Spirituality & The Animal-Human Bond. 3 Credits Dr. Lisa Miller CORE
Fall	ORLD 4827 001 Fostering Transformative Learning 3 credits (Breath Requirement)
CCPX 4601.001 Spirituality Psychology Colloquium (Part 1) 0-1 credit Elective	CCPX 4029 Archetypal Symbolism 3-credits Elective
CCPX 5045.001 - Psychotherapy, religious diversity, and spirituality 3-Credits. CORE	CCPX 4602.001 Spirituality Psychology Colloquium (Part 2) 0-1 Credits
ORLD 4060: Coaching from an Adult Learning Perspective 3 credits (Breath requirement)	Integrative Project CCPX 4001.02 (No CREDIT)
CCPX 4055 - Mind-Body Medicine: Varieties of Transformative Experience in Psycho-Spiritual Growth (REQUIRED)	
CCPX 1112 Purpose-Driven Innovation Blending Behavioral Science and Spiritual Practice Professor Dr. Jack McGurty CORE (But taken as an elective)	

TOTAL CREDITS SUMMER 6
 FALL CREDITS 13
 SPRING CREDITS 13
 TOTAL CREDITS 32

SAMPLE SCHEDULE B (Not all courses are guaranteed to run every semester)

Summer A	Spring
CCPX 4030.001 Psychology of Adjustment (1 of 2 courses offered during the summer intensive) 3 credits REQUIRED	CCPX 4199.01 Jung Methods in Individuation 3 credits Elective
CCPX 4050.001 Psychology and Health (2nd of 2 courses offered during the summer intensive.) 3 credits REQUIRED	ORLD 4827 001 Fostering Transformative Learning 2 credits (Breath Requirement)
Summer B	CCPX 5110. Research Apprenticeship 3 credits Elective

ORLD 4055 4199 Introduction to Worldbuilding for Transformative Learning and Change. 1 CREDIT (Breath Requirement)	CCPX 4199.005 Spirituality & Post Materialist Science in Health 3 credits Elective
Fall	CCPX 4602.001 Spirituality Psychology Colloquium (Part 2) 0-1 credit Elective
CCPX 4140.001 Spirituality in Education 3-Credits. CORE	Integrative Project CCPX 4001.02 (No CREDIT)
CCPX 4055 - Mind-Body Medicine: Varieties of Transformative Experience in Psycho-Spiritual Growth (REQUIRED)	
CCPX 4044.02 Positive Psychology 4044.02 CORE	
ORLD 4055 001 Leadership Development in Non-Western Cultures 3 credits (Breath Requirement)	
CCPX 4601.001 Spirituality Psychology Colloquium (Part 1) 1 credit Elective	

TOTAL CREDITS SUMMER A	6
SUMMER B	1
FALL CREDITS	13
SPRING CREDITS	12
TOTAL CREDITS	32

5 Areas of Your Degree

AREA 1: SMB REQUIREMENTS (16 credits)

- The 16 credits come from 15 required courses and one elective. You must have half (16) of your credits come from Intensive Seminar, Core & Required Courses and Electives completed to receive your degree.

AREA 2: TC BREADTH REQUIREMENT (6 credits)

- Minimum six credits outside of the SMB or Clinical Psychology Program CCPX
- Breadth requirement coursework must be taken at TC.
- Cross-registered classes beyond TC will not be accepted

AREA 3: TC ELECTIVE COURSES (11 credits)

- Remaining credits can be taken anywhere at TC or beyond at CU Campus
- Students are welcome to take more SMB courses beyond the degree requirements. (**Note:** priority registration for SMB courses is given to Incoming Students)

AREA 4: INTEGRATIVE PROJECT (0 credits)

- The Integrative Project is a degree requirement. It is worth zero credits.

- [Integrative Project Guidelines](#)

AREA 5: DEGREE AUDIT & GRADUATION

- Students are encouraged to track degree progress via their Degree Audit on their MyTC portal and check in regularly with the academic advisor Yoel Paredes, MA
- Students must apply for graduation via their MyTC portal. See IP Guidelines for detailed instructions on this process.
- M.A. Convocation (graduation) occurs once annually in May.

Spirituality and Psychology: Science and Practice M.A. Degree Requirements: 32 Credits

Half of the 32 Credits (16) Must be drawn from require, core or approved electives to meet the degree requirements for the Spirituality and Psychology: Science and Practice	Remaining courses to complete the 32 credits must come SMB or Non-SMB electives and TC breadth courses
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SMB Intensive	SMB Core Courses	SMB Mind-Body Medicine	SMB or Non-SMB Electives	TC Breadth
6 credits 2 classes required	6 credits 2 classes required	3 credits 1 class	11 credits 4-6 classes	6 credits 2 classes

TC M.A. Degree Program Requirements: 32 credits

SMB Requirements: 16 credits (15 of these credits are required courses)

TC Breadth Requirement: 6 credits (classes can be 1, 2 or 3 credits each but must total 6 credits)

SMB or Non-SMB Electives 11credits: (classes can be 1, 2, or 3 credits each)

IMPORTANT: There is no swapping from categories of SMB courses. In other words, SMB electives *cannot* be used as SMB Core Courses, and SMB Core Courses *cannot* be used as SMB electives. Only Animal-Human Bond can be taken as a Core Course or an elective. It can be a stand-alone core course or an SMB elective if you have already taken another Core Course.

SMB Coursework, Degree Planning, and Advisement

Program planning is the responsibility of students to ensure their successful completion. Students are expected to be informed about program requirements and to complete the requirements to graduate. Checking in with Academic Advisor Yoel Paredes (yjp2107@tc.columbia.edu) is an excellent way to ensure program requirements are being met promptly and to address any issues or concerns that arise. To make any special requests regarding academic requirements, students should initially contact Yoel and then their assigned faculty advisor. Students are encouraged to plan their coursework when possible and bring a list (e.g., course number, course name, term, credits) when meeting with any advisor. Communication regarding SMB will only be sent to Teachers College email accounts or posted via Canvas.

It is highly recommended that students seek academic advisement on degree planning and the Integrative Project (IP) within the first year of enrollment in the SMB MA. The IP Instructor for SMB is Melanie Lown (mll2217@tc.columbia.edu).

It is during the Cohort's incoming year that SMB resources – academic advisors, faculty advisors, and core faculty members – will be most available and accessible. After the SMB Spring Ceremony, where the Award of Completion for the 19-credit SMB Area of Focus is conferred, students may complete the remaining credit requirements for the Master of Arts degree at their own pace.

Under circumstances where it is not possible to complete the IP while enrolled within the SMB MA, the Integrative Project must be completed within five years from the start of enrollment at Teachers College to receive the Master of Arts degree.

Please note that students are not permitted to leave the SMB MA and join another program automatically. Students must submit a separate application to the Office of Admissions should they wish to depart SMB for another academic program. The same is true for students enrolled in other programs. You cannot join the SMB MA program automatically and must go through our admissions process.

SMB Intensive Seminar

Summer Intensive Seminar

The purpose of the Summer Intensive Seminar is to initiate students into the cohort model and immerse them in the crossroads of coursework and perspectives that embody the SMB Institute with The Summer Intensive Seminar typically meets in person for 6 credits and partially fulfills the New York State Requirement for Face-to-Face (on-campus) courses.

Course Narratives: SMB Core Courses

Requirement: All students must register for TWO Core Courses in the Incoming Year selected from the following courses listed below. Please note that some core courses are offered only once a year. There are six CORE courses to choose from:

Spiritual Wellness
Spirituality in Education
Purpose-Driven Innovation Blending Behavioral Science and Spiritual Practice
Spirituality & The Animal Human Bond
Positive Psychology
Psychotherapy, Religious Diversity, And Spirituality

SMBI Spiritual Wellness

Instructors: Suza Scalora, Ph.D.

3 credits, Fall Semester

Course Content: Perhaps now more than ever, there is a need for accessible, thoughtfully crafted, and spiritually nourishing programming aimed at cultivating greater bodily ease, enhancing emotional well-being, and fostering feelings of connectedness and community. In today's fast-paced environment, where time and energy can be in short supply, wellness workshops create a structure for sharing healing tools and creating a sense of community in a way that is also accessible, engaging, and effective. Well-crafted mind-body workshops offer participants an experience that can facilitate both in-the-moment and ongoing personal growth and can have an impact both locally and globally. In this 3-credit, highly interactive core course, students will be expected to work collaboratively, review the extant research on wellness interventions, and participate actively in group discussions and exercises. Ultimately, students will hone their skills at developing and facilitating online and in-person spiritually-oriented wellness workshops that are grounded in both science and spirituality. Additional core course goals are to:

- Help students create programming that facilitates personal growth and a sense of community
- Foster awareness that, ideally, spiritually oriented wellness programming should also be culturally sensitive and inclusive
- Lead to the creation of therapeutic offerings without crossing the line into psychotherapy
- Provide valuable experience in delivering both brief and ongoing experiential and didactic offerings

Spirituality in Education Parts

Instructor: Linda Lantieri

3 credits, Fall Semester

Course Content:

Many courageous educators, therapists, and parents are beginning to acknowledge that cultivating the inner lives of children can become a regular part of a child's educational experience. This course will examine the skills, dispositions and spiritual awareness needed for adults to welcome and even recognize the spiritual dimension that is already alive in children,

unfolding from within. We will also address the current state and model of K-12 education today amid the challenges and opportunities that hinder or support the integration of the spiritual dimension into the culture, climate, and curriculum of the K-12 school experience and other educational settings.

Purpose-Driven Innovation Blending Behavioral Science and Spiritual Practice

Instructor: Jack McGourty, Ph.D.

3 credits, Fall Semester

Course Content:

This immersive course provides students with strategies and tools to elevate social innovation efficacy by integrating insights from behavioral science research and contemplative spiritual traditions. Through interdisciplinary readings and hands-on innovation projects, participants will gain skills to understand human psychology deeply, frame opportunities focused on specific behavior changes, develop co-created interventions using evidence-based techniques, rapidly prototype concepts, and rigorously evaluate their impact on behaviors. The sessions blend behavioral economics, cognitive psychology, and neuroscience with spiritual wisdom to enhance the innovation process and drive positive social change. Assignments & readings incorporate reflective spiritual practices to guide the ethical application of behavioral science principles. Students will learn to synthesize behavioral research and contemplative teachings into impactful social innovations that benefit humanity.

Spirituality and The Animal-Human Bond

Instructor: Lisa Miller, Ph.D.

3 credits, Spring semester: Times TBD

Course content: This workshop intensive is intended to develop students' innate and intuitive abilities in respectful and conscious communication with animals. This course sets forth a spiritual journey marked by the building of confidence in connecting with animals across species and boundaries.

Positive Psychology

Instructor: Dan Tomasulo, Ph.D.

3 Credits, Fall 2025 and Spring 2026 semesters

Course content: This course will investigate the use of evidence-based interventions and their modifications derived from positive psychology. We learn to see not only what is wrong-but also what is strong in ourselves and others. Lectures, experiential and meditative exercises, videos, demonstrations, and discussions.

CCPX 5045.001 Psychotherapy, religious diversity, and spirituality

This course will focus on the role of religion and spirituality in psychotherapy. Research, theory and case material will be used to clarify healing dimensions of religion and spirituality. Discussion will focus on a re-examination of models of psyche and goals of treatment.

Course Narratives: SMB Electives

Archetypal Symbolism

Instructor: Aurelie Athan, Ph.D.

3 Credits, Spring Semester

Course content: This workshop explores the transformative power of symbols and archetypes. It places the imagination and our creative engagement with the mythopoetic structure of the psyche at the heart of learning, change, and well-being. Symbols are everywhere, around us and inside of us, yet we rarely take the time to encounter these portals of self-understanding; nor might we know how to extract the meaning offered. The purpose of this class is to mobilize an “inner guidance system” to shift from an external preoccupation to an internal relationship to one’s professional calling.

Jung & Individuation

Instructor: Mark Kuras, Ph.D.

3 Credits, Spring Semester

Course content: Jung & Individuation, the second course, focuses on the methods, with emphasis on Active Imagination, Jung devised to revisit a sensuality to psychical life progressively suppressed in Western Consciousness and essential to establishing the empirical data integral to Jung’s vision of therapeutic action, i.e., the Self and its Individuation.

Spirituality & Post Materialist Science in Health 3 credits.

Instructor: Lorne Schussel, Ph.D.

3 Credits, Spring Semester

Course Content: This new course addresses innovative research in contemplative neuroscience and the integration of spirituality/science in a post-materialist framework. The course topics include advances in consciousness and human connectivity research, and their application in psychological healing. A basis for understanding post-materialism as related to meditation, biofield energy practices, and altered states of consciousness. The use of technology (neurofeedback, biofeedback, mobile applications) to facilitate contemplative states and mental health.

Spirituality Colloquium (Parts 1 & 2)

Instructors: Lisa Miller, PhD and Aurelie Athan, PhD. 0-1 Credit

You may take Part 1 or Part 2 or both. Part one is offered in the Fall and Part 2 in the spring.

Course Content: The Spirituality Colloquium is designed to gather speakers doing cutting-edge research in spirituality, including neuropsychology, psychedelic-assisted psychotherapy, near-death experiences, spirituality and resilience, mental health and transcendent relationships, etc. Along with historically important perspectives such as Jungian psychology, diverse perspectives from various racial, ethnic, and age groups, along with exploration and understanding of indigenous practices, ecological interventions, religious perspectives, and social justice initiatives will be invited.

Leave of Absence (LOA) Policy

A Leave of Absence (LOA) allows master's students to temporarily pause their studies while maintaining eligibility to return and complete their degree. Students requesting a leave must be in good academic standing, remain within their program's time limits, and obtain approval from their academic advisor and/or program prior to submission. Leaves are typically granted for one semester at a time, with the possibility of extension for up to two consecutive semesters (one academic year). Requests beyond this timeframe require additional review and approval.

Students typically complete their degree within 16–24 months and must do so within a maximum of five years. While a leave may provide flexibility, it does not automatically extend all program deadlines. Students remain responsible for meeting degree requirements, including the College requirement that at least 16 credits be completed within the five years prior to graduation.

The College recognizes four types of leave—medical, family, personal, and military—each with specific eligibility criteria and documentation requirements. Family, medical, and personal leaves must be requested in advance or during the term for which they are sought and cannot be granted retroactively. In general, leaves are approved for one academic term at a time, with renewal options depending on the leave type. Medical leaves may extend up to two academic years with appropriate documentation, while personal leaves are limited to one academic year. Military leave is governed by federal regulations.

While on an approved leave, students are not considered actively enrolled and may not take courses, receive advisement, or complete degree requirements. Access to financial aid, campus services, housing, and health insurance may be limited or suspended during this period. To request a Leave of Absence, students must complete and submit the official form through the Office of the Registrar: [Leave of absence form](#)

Students should obtain all necessary approvals and submit the form prior to the start of the semester for which the leave is requested. The full policy is outlined in each program's Requirements Bulletin, and students are encouraged to review it carefully. Before requesting a leave, students should consider the potential impact on financial aid, visa status (for international students), and access to institutional resources. Students planning additional coursework, certifications, or elective pathways are strongly encouraged to consult with their academic advisor to ensure alignment with course sequencing, program requirements, and their anticipated graduation timeline.

Integrative Project (IP)

Overview

Note: Below is an overview of the Integrative Project. For comprehensive details, helpful resources, and project requirements, please read the [Integrative Project Guidelines](#).

The SMB Integrative Project (IP) is an independent assignment that students complete as a requirement for the Master of Arts degree. The IP is an opportunity for individuation and professional integration, exploring and applying insights from spiritual traditions and scholarship toward a significant real-life question or issue. Students are encouraged to draw from multiple streams of their SMBI experience, including didactic courses, practical training, research skills, and experiential learning, as well as relationships with professors, mentors, and colleagues.

The IP invites students to explore their most profound questions, engage with resources across the program and the broader university, and create something original. The result will be a polished product that, upon completion of the program, graduates can bring into their personal and professional lives. Most IPs are literature reviews on a particular topic.

The SMB Integrative Project requirement is designed to enhance student learning and development, resulting in a project that demonstrates substantial breadth and depth. The expected length is twenty to forty double-spaced pages utilizing APA 7th format. This assignment is considered Pass/Fail.

Sponsor

The Integrative Project is a primarily self-led project to be created under the supervision of an official sponsor, who will serve as the IP's evaluator. While sponsors will provide expert feedback, the IP is largely an independent project, and students are expected to become immersed in their scholarship and take full charge of their progress.

Your IP sponsor must be a faculty member working at a college affiliated with Columbia University. Core faculty members of SMB, Teachers College, or any college affiliated with Columbia University are all suitable options.

More information about how to find an IP Sponsor can be found in the [Integrative Project Guidelines](#).

Format

The IP may take any of the following formats:

- **Research Format**
 - 20-40 pages of academic writing, APA 7th Format (choose one of the following)
 - Literature review or conceptual paper (*most popular*)

- Qualitative methods paper, including case studies, ethnographic studies, and interviews
- Study proposal and outline for future research
- Analysis of data collected by the student or pre-existing data
- Questionnaire construction and/or validation
- Field research or action research
- **Alternative Format** (*must be approved by the IP Instructor*)
 - Foundational Literature Review (10 pages of academic writing, APA 7th Format)
AND an Alternative Format option (choose one)
 - Curriculum, workshop, or retreat plan
 - Business plan
 - Documentary film
 - Public policy proposal
 - Novel or screenplay
 - Interactive website or media project
 - Another project type approved by the IP Instructor

Note on the IP and Coursework

Students are not required to be registered for classes while working on an IP. If students have completed MA coursework (32 credits) and need more time to finish their IP, they can register for CCPX 4001.002 (CRN 58581), a zero-point course. CCPX 4001.002 allows the student to retain their student status and have access to campus facilities and the Columbia Libraries Catalog (CLIO). Students may sign up for CCPX 4001.002 up to two semesters. **Students who still have courses to complete at TC should not sign up for CCPX 4001.002**

Please note that while enrollment in CCPX 4001.002 does not carry any tuition point charges, students who enroll in this course will still be required to pay the college fee to the TC Bursar.

Examples:

1. Students in the middle of their program who are working on their IP should NOT sign up for CCPX 4001.002
2. Students who have finished all their coursework but have not completed their IP SHOULD sign up for CCPX 4001.002

Hybrid Learners Policy

The SMB MA Coursework within the M.A. program in the Psychology of Education (32-credit degree) is in New York City, New York, United States. It will, therefore, follow the typical calendar year and course schedules designated by Teachers College from 9:00 a.m. to 9:00 p.m. Eastern Time (ET).

Hybrid Learners must therefore decide whether this scheduling limits their ability to attend courses in full. The attendance requirement cannot be waived.

NOTE: The remaining credits beyond our 16-credit requirements are yours to select freely. The question of how many can be taken online remains dependent on *online coursework availability throughout the college*. A minimum of 19 points must be taken in face-to-face courses. Students should consider the potential opportunities and challenges if they choose to be a hybrid learner.

Note: Hybrid courses for domestic students meet face-to-face requirements for New York State. THEY DO NOT MEET THE FACE-TO-FACE REQUIREMENTS FOR INTERNATIONAL STUDENTS. SEE NOTE UNDER INTERNATIONAL STUDENTS BELOW.

Note to International Students

FULL COURSE OF STUDY REQUIREMENT

Under U.S. immigration regulations, F-1 and J-1 students are required to pursue a full course of study while at Teachers College unless authorized by the Office of International Students and Scholars (OISS) for a reduced course load.

You may meet the full course of study requirement in one of two ways:

- (1) Full-time Coursework: Register for 9 points/credits of coursework or registration in certain advanced doctoral / dissertation advisement courses which are automatically considered to be full time
- (2) Full-time Equivalency: File a Certificate of Equivalency Form, or COE, for non-credit academic activities directly related to your degree program, such that the total number of coursework and equivalency points equals 9 or more. In certain circumstances, an F-1/J-1 student may request authorization to engage in a Reduced Course Load, or RCL (part-time study).

A reduced course load may be granted only in specific situations. You must request preapproval for a reduced course load directly from the Office of International Students and Scholars (OISS). For more details, please refer to the OISS website: www.tc.edu/international or speak with an international student advisor. There are government restrictions on the types of employment, and the number of hours F-1 and J-1 students are allowed to work. You are considered to be employed or working if you receive any form of

compensation (including but not limited to salary, stipend, housing, food, metro card, etc.) in exchange for services provided.

You must receive work authorization from the Office of International Students and Scholars (OISS) (and in some cases from the government) BEFORE beginning any employment. Additionally, some institutions, such as hospitals or clinics, may require you to have work authorization to volunteer there. In this case, please speak with an international student advisor.

International Student Policy for Full-Time Enrollment (F-1/J-1 Visas)

Full-Time Enrollment Requirement

To maintain F-1/J-1 visa status, international students at Teachers College must be enrolled full-time every Fall and Spring term. Full-time status requires a minimum of 9 credits per semester, of which at least 6 must be in-person, on-campus courses.

Key Points:

- **6 In-Person Credits per semester:** At least 6 of the required 9 credits must be from in-person, on-campus courses (NOT hybrid *or* online courses).
- **Online/Hybrid Credits:** The remaining 3 credits can be fulfilled by online, hybrid, or distance learning courses. However, hybrid courses are considered online courses for visa purposes and do not count toward the in-person credit requirement.

Examples:

1. **Acceptable Schedule:**
An acceptable schedule could include two in-person courses (6 credits) and one online course (3 credits). This meets the 9-credit full-time requirement, with 6 credits from in-person courses.
2. **Unacceptable Schedule:**
One in-person course (3 credits), one hybrid course (3 credits), and one online course (3 credits) would not satisfy the visa requirements, as it includes only 3 in-person credits.

Summer Enrollment:

Since our program begins in the summer, international students must apply for a Form I-20/DS-2019 and enroll full-time in the summer term. For example, students in the SMB Area of Focus can take two in-person courses (6 credits) during the Summer Intensive and one online course (3 credits) in Summer B to meet the requirement.

Important Reminders:

- Once registered for 6 in-person credits, you may take additional online/hybrid courses.
- Maintaining full-time enrollment is critical to keeping your visa status. Misunderstandings about TC or New York State requirements can lead to issues, so ensure your schedule meets federal regulations.

For any questions, contact the Office of International Students and Scholars (OISS) at TCINTL@tc.columbia.edu.

ADDITIONAL INFORMATION FOR INTERNATIONAL STUDENTS

It is generally understood that Optional Practical Training (OPT) is intended for students who plan to work. For students who have completed their coursework but not their Integrative Project (IP), OPT can still apply. If a student has finished their coursework, they are eligible to apply for post-completion OPT. Before this, they would apply for pre-completion OPT.

A student who has completed all required credits but not their IP (which carries no credits) may still apply for pre-completion OPT as long as they continue to maintain their student status, including meeting the enrollment requirements.

If an international student wishes to dedicate a semester to writing their IP, they can still retain their visa status. To do this, they must stay within the program time frame specified on their I-20 (for F-1 students) or DS-2019 (for J-1 students). As long as their IP work is done within this timeframe, they are allowed to continue their academic efforts. If a student finishes their coursework and graduates in the spring but plans to take the summer to write their IP and register for a course like CCPX 4001.001, they can retain their visa status for the summer. Registering for OPT will not affect this, as they can continue working on their IP within the program time frame. After graduation, they are allowed to remain in the country for a 60-day grace period.

If a student graduates in Spring, takes the summer off, and plans to register for CCPX 4001.002 in the fall to complete their IP, the situation remains the same: they can retain their student status as long as they continue within their program timeframe. OPT registration will not interfere with this status.

Students should consult their Office of International Student Services (OISS) for an example of how post-completion OPT would work. It's important to note that employment under OPT must be directly related to the student's field of study. What they learned in their program must be applied in a relevant professional setting.

An international student's F-1 or J-1 status typically ends on the last day of the semester when they were last enrolled full-time. This date marks the conclusion of their official student status. If an international student applies for OPT with the expectation of getting a job, they can still register for CCPX 4001.002 and write their IP during their post-completion OPT. However, they cannot be enrolled in a degree program while on OPT.

APA Writing Style & Literature Review Information

Each of the courses at SMB will require APA style for literature reviews and academic papers. APA style refers to the American Psychological Association's writing style recommendations for research and academic papers. Students will be required to master this style format, particularly for in-text and reference pages, when submitting their work in each course.

A literature review is a summary, description, and critical evaluation of a survey of articles surrounding a topic.

APA style is different from other styles required in other types of writing. It is not only the standard required in psychology courses, but also often the standard used by other sciences. In addition to preparing a paper, other issues such as good writing, reducing bias, and ethics of responsible authorship are discussed in APA style material.

Below is a list of resources from APA designed to help you become familiar with the style. If you are entirely unfamiliar with APA style, you may find the APA Concise Guide most helpful. The OWL program has sample papers, specific examples, and particulars about unique sources (e.g., film, lecture, electronic, newspapers, etc.). Please be sure to only use the rules for the 7th edition of the APA citation style.

Products related to APA style 7th edition <https://apastyle.apa.org/products/>
The Concise Guide (recommended) <https://apastyle.apa.org/products/concise-guide> The APA style blog <https://apastyle.apa.org/blog>

The most student-friendly, easy access for understanding how to reference APA style 7th edition properly comes from the free online resource, OWL: The Purdue Online Writing Lab (<http://owl.english.purdue.edu/owl/section/2/10/>). This is—by far- the best online APA resource.

Son of Citation Machine (This will help you create a reference if you do not know how.) (<http://citationmachine.net/index2.php?reqstyleid=2&newstyle=2&stylebox=2>):

Here is one source for a guideline for APA style referencing.
<https://guides.lib.purdue.edu/c.php?g=1371380&p=10135074>

Final thoughts on APA style and grammar.

Learning this style as you enter graduate school here at Teachers College, Columbia University, will serve you throughout your academic career. Not being proficient in APA will detract from the content of your paper and may lower your grade. Errors in style significantly stand out to your professors who have a keen eye for the format. Using APA style cannot make the content

of your paper better, but it keeps the reader from being distracted. You may also want to use TC's writing center to help you review papers before you hand them in <https://www.tc.columbia.edu/graduate-writing-center/> or run your paper through a grammar checking program like Grammarly: <https://www.grammarly.com/>.

The Use of Artificial Intelligence (AI) for assignments and APA style referencing.

As we continue to explore innovative technologies in psychology, each professor will discuss how (and if) AI may be used in the classroom. AI has the potential to revolutionize various aspects of psychology, from research methodologies to clinical applications. Understanding how AI can be integrated into our academic pursuits is essential for staying current and maximizing the benefits of technological advancements in our field.

Throughout the upcoming program, your professors will provide insights on the use of AI in the classroom, including potential applications, ethical considerations, and opportunities for hands-on experience with AI tools relevant to psychology. By engaging with this topic, you will gain a deeper understanding of AI's role in psychology and how it can enhance your research, practice, and overall learning experience as a graduate student. Please ask your professors for guidelines about using AI in various projects and how to reference AI sources in APA style.

Teachers College Disability Related Accommodations

The College will make reasonable accommodations for persons with documented disabilities. Students are encouraged to contact the Office of Access and Services for Individuals with Disabilities (OASID) for registration information. You can reach OASID by email at oasid@tc.columbia.edu or by calling 212-678-3689. Services are available only to students who have registered and submitted appropriate documentation. Please report any access-related concerns about instructional material to OASID and your course instructors.

TC Gmail

Teachers College students have the responsibility for activating the Columbia University Network ID (UNI) and a free TC Gmail account. As official communications from the College – e.g., information on graduation, announcements of closing due to severe storm, flu epidemic, transportation disruption, etc. -- will be sent to the student's TC Gmail account, students are responsible for either reading email there, or, for utilizing the mail forwarding option to forward mail from their account to an email address which they will monitor.

Religious Holidays

It is the policy of Teachers College to respect its members' observance of their major religious holidays. Students should notify instructors at the beginning of the semester about their wishes to observe holidays on days when class sessions are scheduled. Where academic scheduling conflicts prove unavoidable, no student will be penalized for absence due to religious reasons, and alternative means will be sought to satisfy the academic requirements involved. If a suitable arrangement cannot be worked out between the

student and the instructor, students and instructors should consult the appropriate department chair or director. If an additional appeal is needed, it may be taken to the Provost.

Sexual Harassment and Violence Reporting

Teachers College is committed to maintaining a safe environment for students. Because of this commitment and because of federal and state regulations, we must advise you that if you tell any of your instructors about sexual harassment or gender-based misconduct involving a member of the campus community, your instructor is required to report this information to the [Title IX Coordinators](#). They will treat this information as private but will need to follow up with you and possibly look into the matter. The Ombuds officer for Gender-Based Misconduct is a confidential resource available for students, staff, and faculty. “Gender-based misconduct” includes sexual assault, stalking, sexual harassment, dating violence, domestic violence, sexual exploitation, and gender-based harassment. For more information, visit: [Sexual respect at Columbia University](#)

SMB MA Academic Policies and Suggested Guidelines

Dual Relationships

SMB students are not to engage in dual relationships with faculty. A dual relationship is defined as any relationship that is co-occurring in addition to that of student-teacher or student-mentor. For example, students may not engage a professor with whom they are taking a class to be their private psychotherapist, coach, or to employ them for any other types of services. This rule always applies, independent of whether or not payment is involved. Faculty members are also not allowed to offer treatment, diagnosis, or referral to a student enrolled in their class. If a pre-existing relationship with a faculty member is already ongoing, then the student must be excused from taking the class.

Psychological Support

It is recommended that students seek supportive guidance in the form of psychotherapy or other counseling during their time in the program when needed. The SMB Area of Focus is an academic program with an academic approach to advisement. As such, psychological support and intervention are outside the scope of the professional boundaries of SMB staff and faculty. Internally at Teachers College, students are welcome to meet with the Vice Provost of Student Affairs to discuss issues and receive guidance, such as campus referrals. Students are also welcome to contact Columbia University’s Counseling and Psychological Services (CPS).

Vice Provost for Student Affairs
212-678-3083
rock@tc.columbia.edu
113 ZB Zankel/By Appointment

Columbia University Counseling & Psychological Services (CPS)

<https://health.columbia.edu/content/counseling-and-psychological-services>

Office hours: 212-854-2878

After hours: 212-854-9797

Grading

All classes will be automatically registered for a letter grade, and faculty are authorized to strictly adhere to the requirements of their syllabi and to grade students according to their academic performance. Students may request to convert their course to a P/F grade with adherence to the instructor's requirements for Pass/Fail. A grade of F or Failure can be expected if requirements are not met.

Teachers College Academic Policies and Guidelines

For the complete and most current version of the policy on Admission and Continuation of Enrollment, visit the Incomplete Grades Policy, refer to the TC Policy Library.

Admission and Continuation of Enrollment

The Statutes of the College provide: "The admission of a student, their continuance upon the rolls of the College, the receipt by them of academic credit for work completed, graduation, and the conferring of any degree or diploma upon them shall be subject strictly to the control of the College, which shall be free to refuse or cancel registration at any time on any grounds, except those cited [in the Non-Discrimination Policy], which it deems desirable." (Statutes, VII-C)

Academic Standards

The Faculty of the College requires that all students maintain acceptable grades as well as satisfactory progress in the completion of degree requirements. Some departments specify an overall minimum grade average (see specific department statements). Any department judging a student to be performing below expectations is authorized by the Faculty to require additional coursework as a means to evaluate the student's continuance within the degree program or at the College. If satisfactory progress as defined by the department is not maintained, a student may be dismissed from the program. In addition, a student whose academic performance in coursework or other requirements is seriously below the level required for successful completion of a degree may be denied permission for continued enrollment at the College on the initiative of the Faculty of the academic department in which the student is enrolled. There is no formal appeal from such a decision, but the services of the Ombudsman may be requested by the student.

Any student receiving eight or more points with grades of C- or lower is not permitted to continue registration at the College in any capacity and may not receive a degree or diploma. Petitions for exception to this policy are to be submitted, in writing, to the Registrar with a written recommendation from the department in which the student was last enrolled. Such petitions will be submitted to a faculty committee for review and decision. For the complete and most current version of this policy, refer to the policy as listed in the Teachers College Policy Library.

Statement on Academic Conduct: A TC student is expected to refrain from any conduct, including cheating, plagiarizing, or purchasing documents submitted for academic evaluation, that calls into question his or her academic and/or professional probity.

Decisions regarding academic evaluation in all aspects of students' work at the College, including coursework, certification examinations, clinical or field experiences, and preparation of dissertations, are within the sole jurisdiction of the faculty concerned, including, as appropriate, the department or program staff members. Disciplinary actions (e.g., reprimand, suspension, or dismissal) in cases of misconduct are addressed in the Student Conduct Code.

Grading, Grade Correction, and Incomplete Grades

Grading Policy: Refer to the policy as listed in the TC Policy Library.

Grade Correction Policy: The normal procedure for effecting a correction would be through direct discussion between the student and the instructor. If redress cannot be attained through such discussions, the student may next appeal to the department chairperson of the department offering the course. If resolution cannot be attained through appeal, the student may next appeal to the Vice Provost. In situations where the student feels that such an appeal process might not be in the student's interest, counsel and assistance can be sought from the Ombudsman or the Vice Provost. For the complete and most current version of the Grading Correction Policy, refer to the TC Policy Library.

Incomplete Grades Policy: The grade of Incomplete is to be assigned only when the course attendance requirement has been met, but, for reasons satisfactory to the instructor, the granting of a final grade has been postponed because certain course assignments are outstanding. If the outstanding assignments are completed within one calendar year from the date of the close of term in which the grade of Incomplete was received and a final grade submitted, the final grade will be recorded on the permanent transcript, replacing the grade of Incomplete, with a transcript notation indicating the date that the grade of Incomplete was replaced by a final grade. If the outstanding work is not completed within one calendar year from the date of the close of the term in which the grade of Incomplete was received, the grade will automatically become an "F". In such instances, if the course is a required course or part of an approved program of study, students will be required to re-enroll in the course, including payment of all tuition and fee charges for the new registration, and satisfactorily complete all course requirements. If the required course is not offered in subsequent terms, the student should speak with the faculty advisor or program coordinator about their options for fulfilling the degree requirement. (Doctoral students with six or more credits with grades of Incomplete included on their program of study (currently the Program Plan) will not be allowed to sit for the certification exam. For the complete and most current version of the Incomplete Grades Policy, refer to the TC Policy Library.)

Teachers College, Columbia University offers courses of study leading to the following degrees: Master of Arts (M.A.), Master of Education (Ed.M.), Master of Science (M.S.), Doctor of Education (Ed. D.), Doctor of Education in the College of Teaching of an

Academic Subject (Ed.D.C.T.), and Doctor of Philosophy (Ph.D.). This Degree Requirements policy presents an overview of degree requirements, as well as how the College determines that students have met requirements.

Degree Requirements

The College has the responsibility for establishing the requirements for various degrees, subject to certain policies set by Columbia University, the New York State Education Department, and professional accrediting agencies. Students should be provided with full information regarding these requirements.

Department and Program-Specific Degree Requirements: In addition to College-wide requirements, TC academic departments and programs have specific requirements for students at each degree level. These requirements can include certain courses, examinations, essays, or projects that apply only to students in particular major fields. These requirements may exceed but may not fall short of the minimum College-wide requirements described in this policy. Students must meet all relevant department and program requirements.

The student's advisor has the full and final responsibility for approval of the academic program of the individual student within the framework of the established policies of the department and the College, including the student's program of coursework for each academic term.

For the complete and most current version of this policy, refer to the policy as listed in the Teachers College Policy Library.

Exemptions for Degree Requirements: Master's

The Subcommittee on Student Petitions for Exemptions from Degree Requirements, a committee of the faculty, has the responsibility of ruling on student petitions for exemption from master's degree breadth and recency requirements and for readmission to the College after denial based on poor scholarship. Any special requirements established by departments are subject to the jurisdiction of the department concerned. The general residence requirements for degrees or acceptance of transfer credit for the Master of Arts and Master of Science degrees cannot be waived.

Procedure: The petitioner first submits a formal request for waiver to his/her academic department. The department, after determining whether to support or oppose the petition, forwards it to the Subcommittee via the Registrar, with a recommendation of the department, which may be in support of or opposed to the petition. The Subcommittee considers the information and interpretation from both the petitioner and the department and makes a ruling. There is no appeal from this ruling. The Registrar serves as the staff member for this Subcommittee and can provide any information needed concerning procedures and policies.

For the complete and most current version of this policy, refer to the policy as listed in the Teachers College Policy Library.

SMB Academic Probation

There are two main reasons a student in the SMB MA is placed on academic probation:

1. More than one class with a grade of C- or less per semester
2. Evidence of Academic Dishonesty

Grades

The TC Registrar Policy states that students can only count a max of 3 credits of C- toward their degrees. In other words, if you get C- in two classes for 3 credits each, only one of those courses will count toward your TC degree. You must take one of the courses again and get a grade above C-. The Program Coordinator is informed by the Registrar when a student has received more than one grade of a C- or lower. In the event you are placed on academic probation, you will have to meet with the Program Coordinator to devise a plan to return to good standing.

Academic Dishonesty

The TC-wide policy on Academic Dishonesty was provided in the previous pages. The M.A. Program policy reflects the same principles. Academic Dishonesty is considered an ethical violation and is taken very seriously.

IMPORTANT: If there is evidence that you have been found to engage in any form of academic dishonesty or an ethical violation within TC courses or off-site on a fieldwork or research placement, you will be asked to meet with the Academic Director. Your actions will be reviewed at the program level, and a decision will be promptly made to place you on academic probation along with a plan to return to good standing. If you disagree with the terms, you may make an official complaint with the college and have your case reviewed, at which point it would undergo a formal investigation of academic misconduct. Please be informed that if the TC Student Misconduct Committee concludes you have violated academic integrity, alternative sanctions will likely be imposed. Such sanctions may include dismissal from the university and a permanent notation on your transcript.

Writing Quality & Skills

As stated above, the SMB Courses will require graduate-level writing and adherence to American Psychological Association (APA) formatting guidelines. If students are not sufficiently skilled in their writing, they are welcome to avail themselves of the TC Graduate Writing Center (TCGWC). It is the student's responsibility to respond to faculty feedback regarding the quality of writing assignments through an agreed-upon process of remediation and improvement. It is not the faculty's responsibility to provide foundational writing support.

TC Graduate Writing Center (TCGWC)

<http://www.tc.columbia.edu/graduate-writing-center/>
212-678-3798

The mission of the Teachers College Graduate Writing Center is to provide a range of services designed to support all members of the TC community as writers and graduate students. As a school of practitioners, we believe that writing is a tool that can help students connect theory and practice. While ensuring that students have access to the norms of academic English, our staff also believes that language expectations should be fluid, and we value the notion that effective writing utilizes multiple forms of communication. As graduate students from a variety of disciplines, we work with writers to adopt multiple paths to clarity. Consultants work to help students understand writing as a process and facilitate students in navigating this process on their own.

To advance these goals, we provide the following services:

- One-to-one writing consultations for generating ideas, probing academic papers, or providing constructive feedback
- Monthly Workshops on a variety of academic and professional topics
- Periodic write-ins to provide a collaborative space for writing
- Writing Retreats for doctoral students during University breaks
- NEW: Small, responsive mini workshops generated from consultant data and client feedback

Vision Statement

The GWC is committed to providing equitable access to writing resources and seeks to address the needs of our community regardless of ability, native language, country of origin, as well as the myriad commitments of students pursuing graduate study in a city like New York. As a Center, we are committed to growth and foresee our community expanding to one that incorporates a range of academic resources beyond writing, and more online resources that further our goal of equitable access and self-directed learning.

Get to Know Teachers College!

Course Schedule: <https://www.tc.columbia.edu/academics/courses/>

Academic Catalog: <http://catalog.tc.columbia.edu/tc>

Academic Calendar: <http://www.tc.columbia.edu/academics/academic-calendar/>

The College has 10 departments that comprise more than 60 major academic programs. The breadth requirement allows students to take advantage of many opportunities for academic and experiential exploration outside of Clinical Psychology.

<p>ARTS and HUMANITIES http://www.tc.columbia.edu/a%26h/ Phone: (212) 678-3469 Fax: (212) 678-3746 Email: ahofc@tc.columbia.edu</p>	<p>HUMAN DEVELOPMENT http://www.tc.columbia.edu/HUD/ Phone: (212) 678-3882 Fax: (212) 678-3837 Email: hud1@tc.columbia.edu</p>
<p>BIOBEHAVIORAL SCIENCES http://www.tc.columbia.edu/bbs/ Phone: (212) 678-3892 Fax (212) 6788233 Email: ss928@columbia.edu</p>	<p>INTERNATIONAL and TRANSCULTURAL STUDIES http://www.tc.columbia.edu/ITS/ Phone: (212) 678-3947 Fax: (212) 678-8237 Email: mowen@tc.columbia.edu</p>
<p>EDUCATION POLICY AND SOCIAL ANALYSIS http://www.tc.columbia.edu/epsa/ Phone: (212) 678-3165 Fax (212) 678-3589 Email: epsa@tc.columbia.edu</p>	<p>MATHEMATICS, SCIENCE, and TECHNOLOGY http://www.tc.columbia.edu/mst/ Phone: (212) 678-3405 Fax: (212) 678-8129 Email: tcnst@tc.columbia.edu</p>
<p>HEALTH and BEHAVIOR STUDIES http://www.tc.columbia.edu/hbs/ Phone: (212) 678-3964 Fax: (212) 678-8259 Email: stp4@columbia.edu</p>	<p>ORGANIZATION and LEADERSHIP http://www.tc.columbia.edu/o%26l/ Phone: (212) 678-3258 Fax: (212) 678-3036 Email: organdleadership@tc.edu</p>

Program Website

The SMBI webpage has valuable information to help you learn about what the Institute is up to. Make sure to visit and explore it at: [Spirituality Mind Body Institute | Teachers College](#)

Canvas:

The SMBI Canvas page is a valuable resource for information, news, and announcements for everything related to the program. Make sure to read the announcements and news section for important information regarding the program updates and deadlines, faculty office hours, scheduled events, and professional development opportunities.

Information Technology:

For information regarding your TC Email, the course platform called Canvas, TC Apps or other related matters, please visit the Computing and Information Services (CIS) website:
<http://www.tc.columbia.edu/computing/>

Important Offices:

Office of the Registrar

Web Page: <http://www.tc.columbia.edu/registrar/>

Email: registrar@tc.columbia.edu

Office of Financial Aid

Web Page: <https://www.tc.columbia.edu/admission/our-team/financial-aid/>

Email: financialaid@tc.edu

Office of the Controller-Student Accounts

Web Page: <http://www.tc.columbia.edu/controller/>

Email: ehr2122@tc.columbia.edu

Office of Admissions (for transferring credits)

Web Page: <http://www.tc.columbia.edu/admissions/>

Email: admission@tc.columbia.edu

Office of International Services and Scholars

Web Page: <http://www.tc.columbia.edu/ois/>

Email: tcintl@tc.columbia.edu

Office of Graduate Student Life and Development

Web Page: <https://www.tc.columbia.edu/student-affairs/>

Email: gsld@tc.edu

TC Student Organizations

There are more than 30 recognized student organizations active at Teachers College. In addition, there are numerous other student organizations available to Teachers College students through Columbia University. Please check the website or visit the Office of Student Development and Activities (OSDA) for more information.

Career Services – TC NEXT

Web Page: <https://www.tc.columbia.edu/tcnext/>
Email: tcnext@tc.columbia.edu

Insurance and Immunization

Web Page: <https://www.tc.columbia.edu/insurance-immunization-records/healthinsurance/>
Email: health-immunization@tc.edu

Library Resources

Gottesman Libraries, the Teachers College library, is one of the nation's best and most comprehensive libraries in Education. It is also home to collections in psychology and the health professions. Students in the M.A. program in Psychology and Education make constant use of Gottesman Libraries, as well as numerous other Columbia Libraries on the Morningside and Health Science Campus, such as the Social Work Library, and the online resources available to the Columbia University Community.

Access to Milbank Web, the World Wide Web site of Milbank Memorial Library, is available at the library's home page: <http://library.tc.columbia.edu/>. This website provides library services, news, and excellent databases. EDUCAT, the online catalog including over 663,500 books, is also available through the library's home page.

Columbia University Library System

Columbia University is the nation's 7th-largest academic library. Our Internet access to the Columbia University library system is CLIO. To enhance and facilitate access, students use Library Web, the web-based library computer system. The list of psychology journals available at Columbia University: <https://tc-columbia.libguides.com/az.php?s=209369>

To stay relevant and competitive, the SMB program must continuously improve. The program can provide high-quality education that prepares students for successful careers by focusing on ongoing enhancement. Establishing a framework for continuous improvement is essential, including regular evaluation of strengths and weaknesses. Involving faculty, students, alumni, and industry partners in this process will provide valuable insights to make informed decisions and drive positive changes.

These seven evaluations will be used to assess the continuous improvement of the program.

1. We will have ongoing discussions with the administration to manage the program effectively and efficiently. This will include planned meetings and surveys to assess student satisfaction with the program.
2. Each course will set objectives and review student evaluations to ensure these objectives are met. We will collect feedback annually from these reviews to assess the effectiveness of each course. Changes and improvements will be made as necessary.
3. Faculty will receive continuous training in learning theory and research-based educational practices, enhance their use of technology, and how to implement these innovations. This will include topics such as AI in the classroom, online learning strategies, and course design. Faculty feedback on these trainings will be gathered through interviews and surveys.
4. We will support and encourage the development of new courses based on psychology and spirituality research trends and review syllabi for necessary updates to incorporate these new topics.
5. Alumni will be interviewed through a survey to gather feedback on the effectiveness of their training in the program. This feedback will inform program and course changes.
6. Faculty in the SMB program will have opportunities for professional development, mentoring, and collaboration throughout the academic year.
7. Comparisons between the online, on-campus, and hybrid courses will be conducted to test the effectiveness of these course delivery methods.

The maximum number of students enrolled in an online course section is 40, the same as on-campus courses.

The Path to a Doctoral Program in Clinical Psychology

Earning a Ph.D. in Clinical Psychology is an intensive process. It requires a time commitment of five to seven years beyond the master's level to complete coursework and supervised training experiences. In addition, those seeking to work as clinical psychologists must pass certification and licensure exams to become independent practitioners. Educational requirements for taking these exams vary by state; in general, they require that doctorate degrees are from accredited institutions and that the candidate has at least two years of supervised, professional training. Regardless, completing a Ph.D. in Clinical Psychology provides a degree pathway towards a rewarding career for those passionate about helping people. Ph.D. in Clinical Psychology prerequisites, therefore, open the career pathway for those aspiring to achieve a doctorate that will provide a high level of career satisfaction and success.

Educational Stages

The American Psychological Association (APA) suggests an educational framework for those interested in psychology careers. Foundational courses may begin as early as high school, and interested students should take part in as many courses and experiences related to the field as possible. It should be noted that regardless of the level of study, maintaining a high-grade point average (GPA) is always a key factor in program acceptance, enabling students at any level to have a broader choice among post-secondary or post-graduate schools.

- **High School** – Many secondary programs offer courses that explore principles of psychology, such as human growth and development or parenting. Higher-level psychology classes, offered through AP or baccalaureate programs, may also be studied. In addition, rigorous levels of math, science, and English are recommended as psychology is a multidisciplinary field that uses skills from each of these subjects.
- **Undergraduate Programs** – At the bachelor's degree level, students are intensively exposed to the scientific method for behavioral analysis, learning theory, and principles of human behavior. These foundations prepare the psychology major for further training at the graduate level and help learners narrow their field of study.
- **Graduate Programs** – A background with a foundation of basic psychology principles, research, and statistics prepares students for master's degree studies in clinical psychology. Course content focuses on the concepts and practices of advanced behavior and personality theories, assessment procedures, program evaluations, and ethics. Those planning to pursue doctoral studies should also look at entrance requirements for their preferred school, as each institution's guidelines vary. Students

will often participate in programs where the master's and Ph.D. degrees are earned concurrently, and their continuation towards the Ph.D. is based on performance at the master's level.

- Post-Graduate Programs – While having a master's degree is preferred, some undergraduate degree holders with on-the-job training or other strong academic recommendations may be eligible to enter a Ph.D. clinical psychology program. Degree completion for the clinical psychology Ph.D. focuses on completing advanced coursework while participating in clinical practicums, internships, or residencies in supervised settings. Advanced topics involve studying developmental psychopathology, neuroscience, research methods, statistical analysis of results, cognitive and pathological assessments, treatment and behavioral methods, and intervention techniques. Completing a thesis, dissertation, research project, or specialty paper is required according to each program's mandates. In some cases, Ph.D. candidates will also be expected to teach undergraduate courses in the discipline.

Clinical Psychology Ph.D. Program Prerequisites

General Facts: Many programs have only 4-10 positions, with anywhere between 200-600 applicants. Therefore, a strong clinical psychology program will reject more than 90% of applicants. Successful applicants are typically bright, socially skilled students with strong research backgrounds who have interests compatible with those of core clinical faculty or who are selected based on a cohort model fit, and who are interested in pursuing academic/research/clinical careers. For more information on the characteristics of accepted applicants, visit each university program's student statistics.

“If you have chosen to dedicate your professional life to reduce the burden of mental illness, you are probably especially interested in a career that will be as helpful as it can be”, [found here](#). It is important to be well-informed about all the possible paths forward before beginning in earnest:

1. Social Work (Master's or Doctorate)
2. Counseling (Master's)
3. Marriage and Family Therapy (Master's)
4. School psychology (Master's or Doctoral degree)
5. Master's in general psychology
6. Counseling psychology (Doctoral degree)
7. Developmental, Social Cognitive Psychology (Doctoral degree)
8. Psychiatry (Medical degree)
9. Clinical psychology (Doctoral degree) *

*Reminder that there is a Ph.D. degree and a Psy.D. degree.

Program Requirements - Teachers College, Clinical Psychology Ph.D.:

The undergraduate transcript must include a course in statistics and at least nine additional credits from among the following areas, at least one of which should include a laboratory experience: personality, social psychology, developmental psychology, abnormal psychology, physiological psychology, learning theory, psychology of perception, and experimental psychology. An applicant may be accepted with a deficiency in one of these areas on condition that the deficiency be remedied (either during the summer or without degree credit, during the first semester).

Which classes do Doctoral Programs in general like to see? There is very little up-to-date empirical research on what doctoral admissions committees like to see on a transcript, but the common wisdom is that at some point, students should have taken the core classes of the field. If you have already taken a course in undergrad, you don't necessarily need to retake it at the M.A. level, but many choose to get additional depth. There is no one guaranteed path to the Ph.D. or Psy.D. While completing your M.A. at Teachers College, you may avail yourself of the following courses if you still need them:

Abnormal Psychology

- CCPX 5032 Adult Psychopathology (or a course in Abnormal Psychology)
- CCPX 5034 Child Psychopathology (or Developmental Psychology)
- CCPX 4035 Personality and Behavior Change

Statistics/Research Methods

Take one or more classes in each and keep advancing up the sequence.

- CCPX 5533 Research in Clinical Psychology
- HUD 4120 Methods of Empirical Research
- HUD 4050 Introduction to Measurement
- HUDM 4120 Basic Concepts in Statistics
- HUDM 4122 Probability/Statistical Inference
- HUDM 5059 Psychological Measurement
- HUDM 5122 Applied Regression Analysis
- HUDM 5123 Linear Models Experimental Design
- HUDM 5124: Multidimensional Scaling and Clustering
- HUDM 6026: Statistical Treatment of Mass Data
- HUDM 6122: Multivariate Analysis I
- ITSF 4092: Qualitative Research/Evaluation Intl Ed.*
 - (There are several qualitative methods classes throughout TC, check each semester across programs to find the one best applicable to your interests and research context)
- IND 5199: Participatory Methods: Theory and Practice

- ORL 5524: Instrument Design and Validation - Seminar

Psychotherapy Lenses

- CCPX 4038 Comparative Psychotherapies (or other therapy-related courses)
- CCPX 4037: Introduction to Cognitive Behavior Therapy
- CCPX 4063: Analytic Psychology: Jung to Present
- CCPX 4542: Introduction to Contemporary Psychoanalytic Thought
- CCPX 5033: The Evolution of Freud's Psychological Theories

Developmental Approaches

There are several developmental courses offered in the Developmental Psychology department, ranging from HUDK 4023 Developmental Psychology: Adolescence to HUDK 5011: Cognition of Social Emotional Learning to HUDK 5023 Cognitive Development, among others.

Frequently Asked Questions (FAQs)

Q: Can I acquire a license to practice therapy with this degree?

A: No. This brief (32 credit) M.A. The program is not designed to prepare students for M.A. level licensure in New York State. If students are considering licensure, they will need to pursue an additional degree or alternative certification route, such as a Ph.D., Psy.D., or Psychoanalytic Institute training.

Q: I want to go to a Ph.D. program. Is this degree best for me?

A: If incoming students have already taken psychology and statistics courses before joining the SMB Area of Focus, then it is more likely that they will be an eligible candidate for a Ph.D. program. The SMB Area of Focus provides students with a diverse range of knowledge and experience that does not serve as a bridge to a Ph.D. program.

Q: Will having an M.A. degree from TC facilitate my entry into the Ph.D. program? A: The doctoral admissions process is the same for all applicants, whether a student applies directly from undergraduate school or brings a master's degree from TC or elsewhere.

Q: In past years, how many graduates from the M.A. program have been accepted into the Ph.D. Program annually?

A: Our own Ph.D. program is small - on average, 6-8 students. TC receives hundreds of applications to the doctoral program each year. Nevertheless, as many as 2-4 TC M.A. students may be successful applicants to TC's doctoral degree program in a single year. Most students apply to several programs for more advanced degrees, and nearly all are successful in gaining admission.

Q: How many credits can be transferred from the M.A. Program to the Ph.D.

Program?

A: Depending on the Ph.D. program, approximately eighteen (18) credits from a master's program can be transferred into the Ph.D. program.

Q: If I already have a master's degree, either from TC or from another institution, must I still complete the Master's work and earn the Master's en passant while attending the Ph.D. program?

A: At Teachers College, the answer is "Yes." Other programs have widely different positions regarding this question.

Q: Is there a Master's Thesis to be completed?

A: There is an Integrative Project for which the M.A. Handbook outlines guidelines. The term "Master's Thesis" is not used, and college guidelines for the Master's Thesis are not applicable.

Q: How large is the entering cohort in the SMB Area of Focus, approximately, each year?

A: Typically, ~50 students enter the SMBI program each summer.

Q: International students make up what percentage of the class?

A: This varies and is based on how many applications we receive. However, there is an ever-increasing number of international students who are seeking to train at TC.

Q: Can I transfer credits from a previous graduate degree? A:

Transfer credits are not accepted by the program.

Q: Can this program be completed online?

A: Students are required to attend courses in person for intensive seminars. While hybrid and online classes are made available, it is up to the student to find additional online courses throughout the college. The SMB Area of Focus is not an exclusively online program but is provided in a blended format.

Q: Do you offer financial aid and/or grants?

A: Students can receive loans, but generally, there are limited scholarships or grants offered within our department for the M.A. degree. Please contact the Office of Financial Aid if you have any further questions.

Q: Does the program have any TA positions for Master's students?

A: Generally, there are a few TA positions each semester. As Teachers College is a graduate-only institution, there are no undergraduate courses for which M.A. students would be appropriate teaching assistants.

Teachers College Directory

Teachers College General Information 212-678-3777

Admissions	admission@tc.columbia.edu	212-678-3710
Vice Provost	provostoffice@tc.columbia.edu	212-678-3050
Career Services	tcnext@tc.columbia.edu	212-678-3140
Computer Center	servicedesk@tc.columbia.edu	212-678-3300
Dean of the College	provostoffice@tc.columbia.edu	212-678-3050
Development / External Affairs	externalaffairs@tc.columbia.edu	212-678-3412
Duplicating	duplicating@tc.columbia.edu	212-678-3700
Financial Aid	financialaid@tc.columbia.edu	212-678 3714
Emergencies TC Security	officeofpublicsafety@tc.columbia.edu	212-678-3333
Info / Appointments	returntocampus@tc.columbia.edu	212-678-3111

Counseling / Psych. Services	studentwellness@tc.columbia.edu	212-854-2878
Human Resources	hr@tc.columbia.edu	212-678-3175
Library	library@tc.columbia.edu	212-678-3494
Ombudsman	ombuds@tc.columbia.edu	212-678-3084
Registrar	registrar@tc.columbia.edu	212-678-4050
Residential Services	housing@tc.columbia.edu	212-678-3235
Student Accounts	bursar@tc.edu	212-678-3056
Disability Services	osid@tc.columbia.edu	212-678-3689
Dodge Fitness Center	Columbia Main Campus	212-854-7149
Graduate Writing Center	writingcenter@tc.edu	212-678-3789
Int'l Student Services	tcintl@tc.columbia.edu	212-678-3939
Immunization / Health Ins.	health-immunization@tc.edu	212-678-3006
Student Activities	gsls@tc.edu	212-678-3690

Business Services Center	duplicating@tc.columbia.edu	212-678-3700
Mail Services	duplicating@tc.columbia.edu	212-678-3700
Fax Receiving Number	duplicating@tc.columbia.edu	212-678-3700
TC Souvenirs	duplicating@tc.columbia.edu	212-678-3700

- CCPX** Department of Counseling and Clinical Psychology
- CU** Columbia University
- TC** Teachers College
- GDH** Grace Dodge Hall
- GSAS** Graduate School of Arts and Sciences
- HM** Horace Mann
- IP** Integrative Project
- M.A.** Master of Arts
- OIS** Office of International Services
- OSAP** Office of Student Activities and Programs
- SI** Summer Intensive
- SIPA** School of International and Public Affairs
- SMBI** Spirituality Mind Body Institute